La Sportiva Sizing Chart



Provided to you by <u>climbingfacts.com</u>

20)5 2	210	215	220	223	22	7 23	0 23	33 23	57 2	240	243
3	32	33	34	34.5	35	35.	5 3	6 36	.5 3	7 3	7.5	38
1	.5	2	2.5	3	3.5		4 4.	5 4.5+		5	5.5	6
0	.5	1	1.5	2	2.5		3 3.	5 3.5+		4	4.5	5
247	250	253	3 2	257	260	263	267	270	273	277		280
38.5	39	39.5	5	40 4	40.5	41	41.5	42	42.5	43		43.5
6.5	6.5+	7		7.5	8	8.5	8.5+	9	9.5	10		10.5
5.5	5.5+	e	6	6.5	7	7.5	7.5+	8	8.5	9		9.5
	3 1 0 247 38.5 6.5	32 1.5 0.5 247 250	32 33 1.5 2 0.5 1 247 250 253 38.5 39 39.5 6.5 $6.5+$ 7	32 33 34 1.5 2.5 2.5 0.5 1 1.5 247 250 253 2 38.5 39 39 2 6.5 $6.5+$ 7 7	32 33 34.5 1.5 2.5 2.5 0.5 1.5 2.5 247 250 257 247 250 257 38.5 39 39.5 40 6.5 $6.5+$ 7 7.5	32 33 34 34.5 35 1.5 2 2.5 3.5 3.5 0.5 1 1.5 2 2.5 2.5 247 250 253 257 $2C0$ 38.5 38.5 39 39.5 40 40.5 40.5 6.5 $6.5+$ 7.5 7.5 8 8	32 33 34 34.5 35.4 1.5 2.5 3.5 3.5 3.5 0.5 1.5 2.5 3.5 3.5 0.5 1.5 2.5 2.5 2.5 2.5 247 250 253 257 2.60 2.63 38.5 39 39.5 40 40.5 41 6.5 $6.5+$ 7 7.5 8 8.5	323334 34.5 3535.534.51.5 2.5 2.5 34.5 35.5 35.5 34.5 0.5 1.5 2.5 2.5 3.5 4.4 0.5 1.5 1.5 2.5 2.5 3.5 3.5 247 250 253 257 $2c0$ 263 267 38.5 39 39.5 40 40.5 41.5 6.5 $6.5+$ 7.5 7.5 $8.5+$	$ \begin{array}{c c c c c c c c c c c c c c c c c c c $	$\begin{array}{c c c c c c c c c c c c c c c c c c c $	$\begin{array}{c c c c c c c c c c c c c c c c c c c $	32333434.53535.536 36.5 37 37.5 1.5 2 2.5 37.5 35.5 36 36.5 37.5 37.5 0.5 1 2 2.5 3 3.5 4 4.5 $4.5+$ 5.5 0.5 1 1.5 2 2.5 3 3.5 $3.5+$ 4 4.5 247 250 253 257 $2c0$ 263 267 270 273 277 38.5 39 39.5 40 4.5 41.5 42.5 42.5 43 6.5 $6.5+$ 7.5 7.5 8.5 $8.5+$ 9 9.5 10

Mondopoint (mm)	283	287	290	293	297	300	303	307
EU	44	44.5	45	45.5	46	46.5	47	47.5
US	10.5+	11	11.5	12	12.5	12.5+	13	13.5
UK	9.5+	10	10.5	11	11.5	11.5+	12	12.5

How to measure your mondopoint



Measuring your mondopoint is very simple, you'll need a piece of paper (A4), your foot, a pencil, and a ruler.

- 1. Place your foot on top of a piece of paper
- 2. Draw the outline of your foot
- 3. Measure the distance from your big toe to your heel

Repeat for both feet and use you

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More info on sizing and fit: Bouldering Shoe Sizing & Fit Guide

